

PRIMARY SCHOOL WINTER MENU

WEEK ONE- Monday 5th November, Monday 3rd December

	Main One	Main Two	Dessert
Fishy Monday	Fish Fingers, Potatoes & Baked Beans	Omelette V Potatoes & Baked Beans	Fruit Yoghurt
Try it Tuesday	Beef Lasagne & Galic Bread	Jacket Potato with Cheese V Tuna or Baked Beans	Ice Cream
Winner Dinner Wednesday	Mild Chicken Curry, Naan Bread, Rice & Mixed Veg	Vegetable Lasagne V & Garlic Bread	Chocolate Whirl
Traditional Thursday	Roast Pork & Gravy Potatoes & Vegetables	Vegetarian Meat Balls V Potatoes & Vegetables	Carrot Cake
Favourites Friday	Cheese Pizza, Potatoes & Vegetables	Quorn Burger V Potatoes & Vegetables	Frozen Fruit Mousse

WEEK TWO- Monday 12th November, Monday 10th December

Fishy Monday	Breaded Pollock, Potatoes & Spaghetti	Cheese Pasty V Potatoes & Spaghetti	Cheese & Biscuits
Try it Tuesday	Sweet & Sour Chicken with Rice & Vegetables	Jacket Potato with Cheese V Tuna or Baked Beans	Fruit Crumble & Custard
Winner Dinner Wednesday	Cottage Pie & Vegetables	Tomato Pasta & Crusty Bread V	Flapjack
Traditional Thursday	Roast Gammon, Potatoes & Vegetables	Tuna or Cheese V Wraps	Jam Sponge
Favourites Friday	Chicken Chunks, Potatoes & Vegetables	Veggie Sausages in a Bap V Potatoes & Vegetables	Chocolate Crunch

WEEK THREE- Monday 19th November, Monday 17th December

Fishy Monday	Cod Bites, Potatoes & Beans	Veggie Burger V, Potatoes & Beans	Millionaires Shortbread
Try it Tuesday	Meatballs, Wholemeal Pasta & Vegetables	Quorn Bolognaise & Pasta V	Vanilla Sponge & Custard
Winner Dinner Wednesday	Chicken Goujons, Potatoes & Vegetables	Cheese Pie V, Potatoes & Vegetables	Fruit Smoothie
Traditional Thursday	Roast Beef, Potatoes & Vegetables	Jacket Potato with Cheese V Tuna or Baked Beans	Strawberry Whirl
Favourites Friday	Grilled Sausages, Potatoes & Vegetables	Quorn Chicken Burger in a bap, Potatoes & Vegetables V	Cookie

WEEK FOUR- Monday 26th November

Fishy Monday	Battered Haddock, Potatoes & Spaghetti	Vegetarian Sausage Roll V Potatoes & Spaghetti	Fruit & Yoghurt
Try it Tuesday	Chicken Pie, Potatoes & Vegetables	Cauli & Broccoli Cheese V & Potatoes	Chocolate Sponge & Chocolate Sauce
Winner Dinner Wednesday	Beef Stew & Yorkshire Pudding	Jacket Potato with Cheese V Tuna or Baked Beans	Flapjack
Traditional Thursday	Gammon, Potatoes & Vegetables	Macaroni Cheese & Garlic Bread V	Jelly
Favourites Friday	Beef Burger in a bap, Potatoes & Vegetables	Cheese & Tomato Pizza V Potatoes & Vegetables	Shortbread

Please note meals may not be served in the order printed above, our Cooks may need to change the menu at short notice, if for instance there is a problem with food deliveries or a school activity has been arranged but we will try to keep these changes to a minimum.

A fresh bread selection, a salad bar and a variety of fruit is available every day which the children can help themselves to no matter what their meal choice.